



Trading in the Zone: Maximizing Performance with Focus and Discipline (Wiley Trading)

Ari Kiev

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Trading in the Zone: Maximizing Performance with Focus and Discipline (Wiley Trading) Ari Kiev
Overcome the obstacles that can prevent you from winning at the trading game

A trader's emotional state is vital to being a successful investor. There are many psychological factors that can affect the decisions one makes in the course of a trading day. This book focuses on overcoming issues such as anxiety, fear, and over-ambition so that traders can become more focused and be more successful-in other words, enter the zone-and stay in it as long as possible.

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