



Teenager-Hirn: Was in der Pubertät im Kopf Ihres Kindes los ist - Survival-Guide für geplagte Eltern (German Edition)

Frances E. Jensen

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Jugendliche in der Pubertät sind weder Monster noch Außerirdische, ihr Gehirn funktioniert einfach anders. Neueste Forschungsergebnisse zeigen, dass das Gehirn von Pubertierenden eine entscheidende Entwicklungsstufe durchläuft. Dr. Frances E. Jensen, Neurologin und Mutter, erklärt was im jugendlichen Gehirn vor sich geht und wie man damit umgeht. So gibt sie allen Eltern und Erziehern bahnbrechende Erkenntnisse an die Hand, die helfen die Pubertät zu überstehen.

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