



Tales from Family Therapy: Life-Changing Clinical Experiences (Haworth Marriage & the Family)

Thorana S Nelson, Terry S Trepper, Frank N Thomas

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You often see books on theoretical approaches and new interventions in therapy, but you rarely, if ever, find a book where therapists discuss their personal reactions to and views of the therapy they offer. In this amazing volume, *Tales from Family Therapy: Life-Changing Clinical Experiences*, psychologists, psychotherapists, and marriage and family counselors come together to share their unique experiences in therapy sessions and how they've learned that often the clients know more than they do! As you will see, and as these therapists reveal, sometimes all the top-notch and most innovative theories in the world won't help a client in distress. *Tales from Family Therapy* isn't just about therapists learning a lesson or two from their clients. It's about compassion, healing, being taken by surprise, thinking on your toes, and encouraging people to believe in their strengths--not just their weaknesses. These stories represent to the authors some of the most special, most rewarding, and most puzzling moments in all their years of therapy. They invite you to share in their recollections and discussions of:

- the power of speaking
- accepting, respecting, and working with the realities clients bring
- the importance of first impressions in counseling
- how personal narratives develop through relationship
- coloring outside the lines of the dominant culture
- helping clients determine when rocking the boat is needed
- listening to your clients and not just your theories
- developing the self-of-therapist

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