



# **Gli uomini amano poco - Amore, coppia, dipendenza (Italian Edition)**

*Enrico Maria Secci*

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## **Gli uomini amano poco - Amore, coppia, dipendenza (Italian Edition)** Enrico Maria Secci

Gli uomini amano poco - Amore, coppia, dipendenza spiega i processi psicologici e relazionali che possono trasformare un rapporto sentimentale in una trappola emotiva. Chi sono il narcisista perverso, l'uomo diviso, l'indifferente sessuale, il possessivo distruttivo, l'inquisitrice, la romantica tradita, la seduttrice impenitente, la martire familiare e gli altri protagonisti inconsapevoli della dipendenza affettiva descritti in questo libro? Perché "amano poco"? Come riconoscerli e come evitarli? Attraverso casi clinici e storie di vita, il libro si concentra su come spezzare gli schemi della dipendenza affettiva e su come sviluppare relazioni durevoli e soddisfacenti al riparo dai circoli viziosi della "malattia dell'amore". Dopo il successo de I narcisisti perversi e le unioni impossibili, un altro libro di Enrico Maria Secci che specifica la psicologia e la psicopatologia dell'amore con stile, profondità ed efficacia.

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