

Girl in the Kitchen: How a Top Chef Cooks, Thinks, Shops, Eats & Drinks

Stephanie Izard



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Girl in the Kitchen: How a Top Chef Cooks, Thinks, Shops, Eats & Drinks Stephanie Izard Stephanie Izard knows how to inspire, captivate, and cook up a storm. Fan favorite and the first and only woman to win on TV's *Top Chef*, she's also the chef and owner of the acclaimed Girl & the Goat restaurant in Chicago. *The Girl in the Kitchen* collects more than 100 of Izard's best recipes, from innovative appetizers like Asian-Spiced English Peas to luscious desserts like Quince and Fig Cobbler with Vanilla Mascarpone. Beautifully photographed and bursting with flavor, personality, and insights into the top chef's process including where she finds her cooking muses, how she shops for food, and which beers and wines she chooses to accompany her meals this book represents the culmination of a craft and provides inspiration that reaches far beyond the kitchen walls.

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