



Steps on the Path to Enlightenment: A Commentary on Tsongkhapa's Lamrim Chenmo, Volume 3: The Way of the Bodhisattva

Lhundub Sopa

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Geshe Lhundub Sopa's *Steps on the Path to Enlightenment* is a landmark commentary on what is perhaps the most elaborate and elegant Tibetan presentation of the Buddhist path, Tsongkhapa's monumental *Lamrim Chenmo*. In this third volume of five, readers are acquainted with the bodhisattva's path and the altruistic desire to make service to others the driving force of spiritual development.

It begins with an explanation of what distinguishes the Mahayana practitioner from other Buddhists and goes on to describe the nature of bodhichitta. Geshe Sopa then provides a detailed commentary on the two methods to develop this awakening attitude: the techniques of sevenfold cause-and-effect and exchanging self and other.

While bodhichitta's significance in Mahayana Buddhism is universally known, Geshe Sopa illustrates how bodhichitta can motivate a devoted practitioner toward complete enlightenment and how this is accomplished through the performance of the bodhisattva perfections. Whether engaged in a scholarly study or personal practice of the *Lamrim Chenmo*, Geshe Sopa's guiding voice leads readers to a deeper understanding and appreciation of the bodhisattva way.

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