



## Essential Primary Care (Essentials)

*Andrew Blythe, Jessica Buchan*

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*Essential Primary Care* aims to provide undergraduate students with a comprehensive overview of the clinical problems encountered in primary care. It covers the structure of primary care in the UK, disease prevention and the management of common and important clinical presentations from infancy to old age. Case studies are used in every chapter to illustrate key learning points. The book provides practical advice on how to consult with patients, make sense of their symptoms, explain things to them, and manage their problems.

*Essential Primary Care:*

- Is structured in five sections:
  - The building blocks of primary care: its structure and connection with secondary care, the consultation, the process of making a diagnosis, prescribing, and ethical issues
  - Health promotion
  - Common and important presenting problems in roughly chronological order
  - Cancer
  - Death and palliative care
- Gives advice on how to phrase questions when consulting with patients and how to present information to patients
- Provides advice on how management extends to prescribing - often missing from current textbooks
- Contains case studies within each chapter which reflect the variety of primary care and provide top tips and advice for consulting with patients
- Supported by a companion website at [www.wileyessential.com/primarycare](http://www.wileyessential.com/primarycare) featuring MCQs, EMQs, cases and OSCE checklists

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