



Journeying East: Conversations of Aging and Dying

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Some of the West's foremost spiritual teachers share their thoughts on aging and the end of life process. Comprehensive and original interviews with Ram Dass, Michael Eigen, Norman Fischer, Joan Halifax, Thich Nhat Hanh, Sister Chan Khong, Frank Ostaseski, Rodney Smith, and John Wellwood provide new perspectives and offer comfort and support. This accessible, thought-provoking, and unique book is an invaluable resource for individuals, classrooms, hospice or home care settings, and for anyone who has experienced the loss of a loved one.

Journeying East also features a comprehensive resources section with an annotated bibliography, guidelines for general reading and study, information on the training of hospice employees and volunteers, and suggested at-home activities.

Victoria Jean Dimidjian is professor of education at Florida Gulf Coast University. She began her study of Buddhism at the Zen Studies Society in Manhattan in 1974 and is a founding member of the Naples Community of Mindfulness.

"An important and life-changing book." - Diane Cox, CEO, Hospice of Naples, FL

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Larry Munoz:

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun for you personally. If you enjoy the book you read you can spent the entire day to reading a e-book. The book Journeying East: Conversations of Aging and Dying it is quite good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. When you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore simply to read this book from the smart phone. The price is not to cover but this book features high quality.

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