



The Parent's Problem Solver: Smart Solutions for Everyday Discipline Dilemmas and Behavioral Problems

Cathryn Md Tobin

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IMAGINE HAVING A PEDIATRICIAN ON CALL TO ANSWER ALL YOUR QUESTIONS ABOUT PARENTING.

From tantrums to sleeping problems, bullying to bed-wetting, **The Parent's Problem Solver** offers parents quick, commonsense, and compassionate solutions that work, from an author who is not only a pediatrician but also a mother of four. Whether your child is an infant or already in school, Dr. Cathryn Tobin's insightful advice will help you create positive changes in your parenting strategies—and your relationship with your children—immediately.

“Discipline, in a nutshell, is giving children tools to succeed in life. This book shows parents how.”

—William Sears, M.D., coauthor of **The Baby Book** and **The Discipline Book**

“Dr. Spock helped us understand our children, but Dr. Tobin helps us understand ourselves. By the time you finish reading the first chapter, you'll find a new approach to parenting problems that you can rely on.”

—John and Linda Friel, **The 7 Worst Things (Good) Parents Do**

“This is a wonderful book! Dr. Tobin gives us a brand-new twist on solving problems with our kids. If Dr. Tobin can't be your pediatrician, read her book!” —Jack Canfield, coauthor of **Chicken Soup for the Mother's Soul**

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