

Italian Recipes: 70 typical dishes of the Umbrian cuisine

Associazione Lo Sportello del Cittadino



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Italian Recipes: 70 typical dishes of the Umbrian cuisine Associazione Lo Sportello del Cittadino Good food for good life? The best Umbria's recipes, the heart of Italian-style, pasta, dishes, soup, pork, traditional food with an easy descriptions. If you are looking for the best recipes of the Italian and Umbria cuisine this book is for you. It's here one recipe for you: CHEESE AND PEPPER UMBRICHELLI WITH BACON !! Preparation: 10 minutes Wine: dry white wine, scented and slightly bitter Ingredients for 4 people 600 g of umbrichelli with cheese and pepper in the dough ● 150 g of diced bacon● extra-virgin olive oil ● 50 g of grated parmesan \bullet salt \bullet black pepper In a saucepan boil plenty of water, add salt and boil the umbrichelli. Meanwhile, in a skillet, sauté the bacon with a little olive oil until it is golden-brown and crisp. As soon as the umbrichelli have reached the right cooking, drain them and transfer them to the pan. Turn on the heat and mix with the sauce for a few minutes (if necessary, add a little bit of the water in which the pasta was cooked). Adjust salt and pepper and sprinkle with freshly grated Parmesan. Arrange on a serving dish and serve hot.

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