



Panic on a Plate (Societas)

Rob Lyons

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Food in Britain today is more plentiful, more nutritious, more varied, and much more affordable than ever in our history. This is something to celebrate, and Rob Lyons does exactly that. In a series of short up-beat chapters he challenges head on the fashionable critics of so-called junk food and the "wacky world" of organic and locally-sourced food campaigners. They have created needless panic and made our cheap and tasty food an object of shame and blame, when it should be a cause for rejoicing. "Panic on a Plate" draws on history, science, and official reports to show the fearmongers are wrong: the changing face of food is full of hope.

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