



# Arthrose: Der Weg zur Selbstheilung (German Edition)

*Eckhard K. Fisseler*

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Forschungsergebnisse zeigen, dass jeder Zweite unter Gelenkschmerzen leidet. Betroffene Patienten können sich mit diesem Buch das zur Genesung notwendige Wissen leicht aneignen und ihre Arthrose selbst heilen. Ganz nebenbei werden sie feststellen, dass auch andere Zivilisationskrankheiten wie Arteriosklerose, Bluthochdruck, Rheuma, Fibromyalgie, Diabetes Typ 2 und Allergien sich bessern oder sogar ganz verschwinden.

Es ist in jedem Fall Erfolg versprechend, die GAT Ganzheitliche Arthrose-Therapie® sechs bis acht Wochen lang durchzuführen. Eine ausführliche Anleitung mit vollständigem Tagesplan halten Sie mit diesem Buch in Händen: So können Sie sofort beginnen.

Nutzen Sie diese Chance, bevor Sie sich für eine Operation entscheiden oder den Schmerz mit Medikamenten zu unterdrücken versuchen. Es ist ganz einfach: Essen Sie das Richtige zur richtigen Zeit ...

**Jetzt mit einer Liste basen- und säurebildender Lebensmittel, die es Ihnen leicht macht, sich zu 80 Prozent basisch zu ernähren, mit jüngsten Erkenntnissen der GAT und neuen Rezepten und Tipps.**

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may draw you into fresh stage of crucial contemplating.

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