



The Healthy Sides Cookbook: Easy Vegetables, Pastas, and Grains for Every Meal

Editors of Cooking Light Magazine

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Cooking Light, the healthy cooking authority, helps you make any meal better with 300 inspired recipes, and hundreds of photographs, for side dishes that are big on flavor, but short on effort for the cook. This book will help you discover new, easy-to-prepare ways to make the most of any vegetable, fruit, grain, or pasta. From crowd-pleasing side dishes for big holiday celebrations to tips on scaling your recipes to the incredibly useful "Pairs With Index" that quickly identifies the perfect match for any main, *3 Sides to Every Meal* will be your go-to resource for delicious, foolproof dishes that complement every meal.

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