



The Psychic Housewives' Handbook: How to Keep Your Feet on the Ground and Your Head in the Stars

Lorraine Roe

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A fun, funny, and highly practical guide, *The Psychic Housewife's Handbook* teaches women and their children how to develop their innate psychic abilities. Psychic housewife and author Lorraine Roe helps women discover their inner psychic in a very down-to-earth style. Focusing largely on the power of self care, Roe answers such questions as: What can I do to become a psychic quickly? How can I make my home life more comfortable and fun? What do I say to the kids?

The book is filled with exercises and tips to help ordinary housewives connect with the psychic energy within to enjoy and enrich their lives. "It is a book about pursuing authentic relationships with the living and the dead, experiencing complete freedom and really going for your life."

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