

The Mommy Chronicles: Conversations Sharing the Comedy and Drama of Pregnancy and New Motherhood

Sara Ellington



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When girlfriends Stephanie Triplett and Sara Ellington realized that they were both pregnant and their babies were due just weeks apart, they began e-mailing each other constantly. Throughout their individual journeys, both women discovered many aspects of pregnancy, childbirth, and especially motherhood that no one ever seemed to talk about.

Stephanie and Sara had both read every book on these subjects they could find so why weren't they prepared for the roller-coaster ride they were about to embark on? Why hadn't anyone ever given then the real truth about being a Mommy before?!

The Mommy Chronicles is a warm, candid, and sometimes irreverent view into the lives and emotions of these two new mothers. In intimate and often hilarious detail, the authors share their own diverse-and universal-experiences as they progress from being pregnant...to being parents.

Listen in on their conversations as they laugh, cry, rage, and celebrate. Labor and delivery, postpartum depression, career choices, daycare dilemmas, husbands who don't get it - it's all here, presented in an entertaining, easy-to-read format.

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