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# Enter into Aikido

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## **Enter into Aikido** David Nemeroff

'Enter Into Aikido' is a great resource for potential students and beginners who want to learn more about the art of Aikido. David Nemeroff covers a wide variety of topics, including what to look for in a school, lineage and legitimacy in the martial arts, dojo etiquette, and what to expect from Aikido training. Additionally, the reader can find information about Aikido's history, philosophical concepts, as well as a description of various styles of Aikido. Personal stories from the author and other Aikido students add insight and interest to the text. 'Enter into Aikido' is an essential guide for any beginner and a valuable reference for aikido-ka of all skill levels.

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