



Rugby Union Threequarter Play: A Guide to Skills, Techniques and Tactics

Peter Johnson, Stuart Lancaster

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Rugby Union Threequarter Play is a technical playing guide that examines the demands of each of the positions in the threequarters, and analyses the specific positional roles and responsibilities. The book will help coaches to place the right player in the right position. It includes the following: Checklist of positional skills and attributes to show what makes a skilled player; Analysis of the position's role within the team; Development of specialist technical and tactical skills; Developing a player's physical and mental skills; Step-by-step drills that can be easily used in training sessions; Material on threequarter players working as a unit and with other positions in the team. A reference guide to Rugby Union threequarter play aimed at all RU players and coaches. Examines the demands of each of the positions in the threequarter line and will help coaches place the right player in the right position. Superbly illustrated with 50 colour photographs and 130 play/tactical diagrams. Peter Johnson is currently Manager of the RFU Apprenticeship programme and author of several books on rugby.

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