



Breakfast at Sally's: One Homeless Man's Inspirational Journey

Richard LeMieux

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One day, Richard LeMieux had a happy marriage, a palatial home, and took \$40,000 Greek vacations. The next, he was living out of a van with only his dog, Willow, for company. This astonishingly frank memoir tells the story of one man's resilience in the face of economic disaster. Penniless, a failed suicide, estranged from his family, and living "the vehicular lifestyle" in Washington state, LeMieux chronicles his journey from the Salvation Army kitchens to his days with "C"—a philosopher in a homeless man's clothing—to his run-ins with Pastor Bob and other characters he meets on the streets. Along the way, he finds time to haunt public libraries and discover his desire to write.

LeMieux's quiet determination and his almost pious willingness to live with his situation are only a part of this politically and socially charged memoir. The real story of an all-too-common American condition, this is a heartfelt and stirring read.

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