



## **Piccolo libro dell'ansia (Italian Edition)**

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# Piccolo libro dell'ansia (Italian Edition)

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## **Piccolo libro dell'ansia (Italian Edition)** Alberto G.

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Perché a un certo punto della vita l'ansia, quella vera, con tutte le lettere maiuscole, mi è caduta addosso come una montagna.

L'ho chiamato piccolo libro non solo perché le pagine sono poche, ma perché sia facile da leggere, e soprattutto non la faccia venire, l'ansia.

Un libriccino. Poche pagine, ma ogni parola tirata fuori dal fondo del dolore.

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