



# Relationship Coaching: The theory and practice of coaching with singles, couples and parents

*Yossi Ives, Elaine Cox*

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*Relationship Coaching* provides a comprehensive guide to coaching to achieve relationship success and enrichment in three main areas: to help single people to form and secure stable relationships, to assist couples seeking to enhance their relationship and to support parents looking to improve their relationships with their children.

Yossi Ives is an experienced relationship coach and Elaine Cox is an expert on developmental coaching approaches. They explain how the fundamental elements of coaching are customised and adapted to meet the needs of relationship enhancement. The book introduces specific coaching theories, processes and techniques through the use of practical case studies, which provide insight into a range of applications and contexts, and introduces new ways of approaching marriage and singles coaching.

*Relationship Coaching* combines an accessible, practical guide with a strong theoretical underpinning. It will be an essential guide for coaches, counsellors and students, as well as other professional helpers including social workers and ministers.

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